

SPA MENU

TREATMENTS | MOMENTS



BE IN THE MOMENT

BALANCE FOR BODY AND MIND

The hectic pace and stress of our everyday lives can tip us off balance. Our minds race, our bodies are tense. The spa at FORTYSEVEN is a peaceful retreat where you can restore your inner equilibrium. Massages and treatments are also available. We are happy to advise you.



SIGNATURE TREATMENT

WAVE TO HEAVEN

Feel like you're floating on a cloud – with this massage experience, scents, sounds and vibrations are combined to help you relax completely: let go and embark on a journey of the senses. Choose from a variety of scents that have a calming, relaxing or stimulating effect – enjoy a relaxing candle massage with warm aromas and flowing movements.

The Welnamis lounge's soft soundscapes and targeted vibrations help your subconscious slip into a soothing state of balance. A moment of heavenly contentment.

80 minutes CHF 189



POWER NAPPING ON THE WELNAMIS

Deep relaxation on the Welnamis lounge with acoustic and vibration therapy.

30 | 60 minutes CHF 45 | 75

TREATMENTS

MASSAGES

CLASSIC	Minutes	Price in CHF
Full-body massage	50	139
Aromatherapy candle massage	60	169
Lomi Lomi massage (Hawaiian full-body massage)	80	219
Back and neck massage	20	65
Back, neck and head massage	35	99
Wellness foot massage	45	119

SIGNATURE

Wave to Heaven	80	189
Power Napping	30 60	45 75
FORTYSEVEN Freshness (full-body exfoliation)	45	105
FORTYSEVEN Becoming a Mum Massage (pregnancy massage)	60	165

THAI WELLNESS MESSAGES	Minutes	Price in CHF
Soft Thai massage	60 90	149 215
Thai deep recovery massage	80	199
Energising Thai massage	100	239
Thai foot reflexology massage	50	125
Thai back and neck massage	35	95

AYURVEDA

Abhyanga (full-body massage)	90	225
Mukabhyanga (head and face massage)	45	125
Padabhyanga (leg and foot massage)	45	125

THAI WELLNESS MESSAGES

SOFT THAI MASSAGE

Inspired by traditional techniques but developed with wellness treatments in mind, our soft Thai massage combines mindful stretching with soothing pressure to draw you into deep relaxation. Particularly effective for headaches, tension and anxiety.

60 | 90 minutes CHF 149 | 215

THAI DEEP RECOVERY MASSAGE

This treatment combines the gentle pressure techniques and stretching of the soft Thai massage with the flowing feel of a nourishing oil massage. It works deep into the tissue, relieves tension and balances the energy pathways. The result: inner peace, a new sense of vitality and a harmonious flow of energy.

80 minutes CHF 199



THAI FOOT REFLEXOLOGY MASSAGE

Precise pressure points and gentle strokes activate the reflex zones of the feet and have an effect on the whole body. Massage sticks stimulate the circulation, harmonise energy flow and create a feeling of lightness, vitality and deep relaxation.

50 minutes CHF 125

FLOW PACKAGES

BEACH BAG RICH

Everything you need for your down time: all Flow packages now include the stylish Beach Bag Rich – filled with the essentials for a relaxing stay. A bath and sauna towel, fluffy bathrobe and the FORTYSEVEN flip-flops are available during your visit. You can take the flip-flops home with you as a souvenir.



HARMONY FLOW

The package includes

- 1 day admission
- 1 Beach Bag Rich for one person
- 1 pair of FORTYSEVEN flip-flops
- 1 soft Thai massage (60 minutes)
- 1 sparkling | still water
- 1 Thai meal

60 minutes CHF 249

VITAL FLOW

The package includes

- 1 day admission
- 1 Beach Bag Rich for one person
- 1 pair of FORTYSEVEN flip-flops
- 1 Thai foot reflexology massage incl. foot bath (20 minutes)
- 1 soft Thai massage (70 minutes)
- 1 Thai stretching pose (10 minutes)
- 1 sparkling | still water
- 1 Thai meal

100 minutes CHF 315



**OTHER
FLOW PACKAGES**

FLOW PACKAGES

ME TIME

The package includes

- 1 day admission
- 1 Beach Bag Rich for one person
- 1 pair of FORTYSEVEN flip-flops
- 1 foot bath incl. exfoliation (10 minutes)
- 1 classic full-body massage (50 minutes)
- 1 glass of FORTYSEVEN Brut
- 1 FORTYSEVEN grazing board

60 minutes CHF 239

TIME OUT FOR TWO

The package includes

- 2 day admissions
- 1 Beach Bag Rich for two people
- 2 pairs of FORTYSEVEN flip-flops
- 2 foot baths incl. exfoliation (10 minutes)
- 2 classic full-body massages (50 minutes)
- 2 glasses of FORTYSEVEN Brut
- 2 FORTYSEVEN grazing boards

60 minutes CHF 478

BRUNCH AND WELLNESS

The package includes

- 1 day admission
- 1 Beach Bag Rich
- 1 pair of FORTYSEVEN flip-flops
- 1 Lomi Lomi massage (80 minutes)
- 1 tiered brunch stand incl. hot drink of your choice (vegan option available)

80 minutes CHF 295 for one person

80 minutes CHF 590 for two people

RELAX PACKAGE

RELAX AND RECOVER

A little break with a big impact: the Relax and Recover package includes 3-hour admission to FORTYSEVEN, a soothing back, neck and head massage and a glass of FORTYSEVEN Brut for a stylish moment of indulgence. The Beach Bag Light is also included, containing practical items for your stay (flip-flops, bath towel and sauna towel). You can take the flip-flops home with you as a souvenir.

The package includes

- 3-hour admission
- 1 Beach Bag Light
- 1 pair of FORTYSEVEN flip-flops
- 1 back, neck and head massage (35 minutes)
- 1 glass of FORTYSEVEN Brut

35 minutes CHF 149 for one person
35 minutes CHF 298 for two people



FACTS

BOOKING TREATMENTS

You can conveniently book treatments in our online shop at shop.fortyseven.ch. We would also be happy to take your booking by email at spa@fortyseven.ch. The Spa Reception is open daily from 10.00 am to 6.00 pm. Your selected gender preference will be taken into account wherever possible. However, changes may occur for organisational reasons. Thank you for your understanding.

PREPARING FOR YOUR TREATMENT

Please arrive at the Spa Reception at least 15 minutes before your treatment. This gives you enough time to wind down with a cup of organic tea beforehand.

TREATMENTS DURING PREGNANCY

If you are pregnant and would like to have a massage, we recommend booking the “FORTYSEVEN Becoming a Mum Massage”, which we can tailor directly to your needs. Note that we do not offer massages during the first three months of pregnancy.

LATE ARRIVAL

If you arrive late, please be aware that we won't be able to extend the treatment beyond the original finish time. We kindly ask for your understanding that the treatment time will be shortened accordingly. If you do not show up for your treatment or you are late by more than 25 minutes, you will not be able to receive your treatment and you will be charged the full amount.

CANCELLATION

Out of consideration for other guests, we kindly request that you inform us 24 hours in advance if you wish to postpone or cancel your treatment. In this case, the cancellation is free of charge and you will be refunded the amount in the form of a voucher. To cancel or reschedule, please contact us by email at spa@fortyseven.ch. If you do not notify us accordingly, you will be charged the full amount.

VOUCHERS

All of our treatments can also be booked as gift vouchers.

SPA OPENING HOURS

Monday to Friday 10.00 am – 8.00 pm
Saturday and Sunday* 10.00 am – 6.00 pm

*Opening hours on bank holidays
and in high season: fortyseven.ch



**BOOK
NOW ONLINE**



“Every day, give yourself the gift of a moment of mindfulness and bring your body, mind and soul into perfect harmony.”